



Best Items for the Montgomery Area Food Bank Drive

- Any type of boxed goods: Dry milk, instant potatoes, rice, Stove-Top stuffing, pie crusts, puddings, etc.
- Any type of canned vegetables: Green beans, sweet potatoes, yams, broccoli, pumpkin, cranberry, mixed vegetables, corn, etc.
- Any type of canned fruits: Peaches, strawberries, blueberries, blackberries, raspberries, applesauce, apricots, plums, pineapple chunks, etc.
- Other needed items: Marshmallows, walnuts, pecans, peanut butter, cookie morsels, cream of soups--(mushroom, chicken, celery, and broccoli), beef or chicken broths, bag stuffing, French fried onions, etc.

All non-perishable goods are a wonderful source of foods to collect for a food drive! Aim for low sodium/salt/syrups/sugars—high in protein/fiber

- Monetary Donations: For every \$1 donated Montgomery Area Food Bank can provide 6.5 pounds of food product.
Link to donate can be found on:
http://montgomeryaga.org/community_service

IF YOU HAVE ANY QUESTIONS PLEASE CONTACT ASHLEY MCTEAR OR NAKIA TETTER AT
COMMUNITYSERVICE@MONTGOMERYAGA.ORG